



# INFLIGHT PROVISIONS

CULINARY & CONCIERGE

**CREW MENU**

## To Place Orders

[Orders@InflightProvisions.com](mailto:Orders@InflightProvisions.com)

(804) 719-1649

## Questions?

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# Breakfast

## Burrito Box

- **Southwest Burrito:** Egg, sausage, black beans and cheese blend
- **Bacon, Egg and Cheese**
- **Chicken Chorizo:** Eggs, chorizo spiced ground chicken, sweet potatoes, onions and red peppers

Each served with a choice of two sides.

## European Breakfast Box

Hard-boiled eggs, grapes, cheddar cheese, Swiss cheese, turkey, ham, and salami. Choice of two sides.

## Cereal Box

Chef's choice of healthy cereal; choice of skim, 2%, or almond milk. Choice of two sides.

## Granola & Berry Parfait

Plain Greek yogurt, granola, and berries. Choice of two sides.

## Protein Box

Premier protein shake (choice of vanilla or chocolate). Choice of three sides.

## Scrambled Egg Box

Scrambled eggs, choice of breakfast meat, breakfast potatoes, salsa, ketchup, and shredded cheese. Choice of two sides.

## Breakfast Sandwich Box

Breakfast sandwich on a bagel or croissant with choice of sausage, bacon, or egg. Sides of ketchup and hot sauce. Choice of two sides.

## Side Choices

- Orange juice
- Whole apple
- Mixed berries
- Dried fruit
- Fruit-flavored yogurt
- Whole milk Greek yogurt
- Hard-boiled eggs
- Celery sticks & peanut butter

# Lunch

## Mixed Grill Box

Chicken and beef, grilled vegetables, horseradish sauce, and BBQ sauce. Choice of two sides.

## Build Your Own Wrap

Choice of roast beef and cheddar, chicken salad, tuna salad, veggie, turkey and provolone, or ham and swiss. Choice of two sides.

## Peanut Butter & Jelly Box

Peanut butter and jelly sandwich on a choice of white or wheat bread. Choice of two sides.

## Greek Salad

Mixed greens, tomatoes, croutons, feta crumbles, olives, diced cucumbers, and Greek dressing. Choice of protein: chicken, salmon, shrimp or steak.

## Cobb Salad

Mixed greens, tomatoes, croutons, blue cheese crumbles, grilled chicken, diced bacon, hard-boiled egg, and wheat crackers. Choice of blue cheese, ranch, balsamic or EVOO.

## Spinach & Feta Salad

Spinach, cucumbers, sliced egg, chickpeas, red peppers, feta, raisins, and roasted nuts. Choice of ranch, balsamic, or EVOO. Choice of protein: chicken, salmon, shrimp or steak.

## Side Choices

- Tomato and mozzarella salad
- Peanut M&Ms
- Cheese and grapes
- Chips
- Mini crudité and ranch
- Assorted Greek olives
- Celery sticks and peanut butter
- Side Caesar salad
- Side mixed green salad

# Dinner

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## Grilled Salmon

Grilled salmon served with chef's choice starch side, vegetable side, and roll with butter. Choice of three sides.

## Grilled Chicken Strips

Grilled chicken strips with choice of BBQ, honey mustard, or buffalo ranch sauce. Choice of three sides.

## Beef & Broccoli

Beef and broccoli with white rice and teriyaki sauce. Choice of three sides.

## Antipasto Sampler

Salami, marinated vegetables, mozzarella and tomato salad with balsamic and basil, assorted olives, hard-boiled egg, semi-soft cheese, hard cheese, pepperoncini, and crostini.

## Vegetarian Power Bowl

White rice, roasted sweet potatoes, chickpeas, avocado, brussel sprouts, spinach and crudité of vegetables with sesame ginger dressing.

## Penne & Bolognese

Creamy red sauce, beef, grilled vegetables, shredded parmesan, roll and butter. Choice of three sides.

## Burrito Bowl

Choice of beef, chicken or black beans; cooked onions and peppers, white rice, flour tortilla, sour cream, salsa, and shredded cheese. Choice of three sides.

## Side Choices

- Tomato and mozzarella salad
- Whole apple
- Cheese and grapes
- Mini crudité and ranch
- Cake/brownie/cookie
- Side Caesar salad
- Side mixed green salad

# Beverages

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Bottled Water

Sparkling Water

Coconut Water

Orange Juice

Vitamin Water

Celsius

Sprite

Coke

Diet Coke

Ginger Ale

*Looking for something you don't see on our menu?  
We would be happy to accommodate!*

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